

# Heart To Heart

## Newsletter Of Sacred Heart School Mount Druitt South

Term 3 - Week 2

SAFE

RESPECTFUL

RESPONSIBLE

27 July 2022

### *Dear Parents and Children,*

Welcome back to Term 3! The children have settled back into work very quickly. Although many parents would have been working through the holidays, I hope you enjoyed the break from the school routines of lunches, uniforms and homework for two weeks. My thanks to our dedicated staff who spent many hours, at school and at home, planning work for Term 3.

Just when we thought things were settling down with COVID-19, we find ourselves on alert again. I understand that many people are anxious about the latest round of cases. We need to remain vigilant.

We will continue with our Covid smart measures which include:

- Regular hand washing
- Regular sanitising
- Extra cleaning of high touch areas
- Encouraging good hygiene procedures - use and disposal of tissues, coughing and sneezing protocols
- Maximising ventilation in learning spaces
- Use of air purifiers in learning spaces
- Contacting parents if children are unwell at school

Please continue to keep your child at home if they are unwell or display any symptoms of COVID-19. We have a limited number of RATs in the office. Please see one of the office ladies should you require RATs. Schools have been told to expect another delivery of RATs, we have not been given a delivery date.

If your child is a close contact of a COVID-19 case they may come to school as long as:

- They do not have any COVID-19 symptoms
- They have a daily negative RAT
- They wear a mask at school

Thank you for your cooperation as we continue to manage the uncertainty around COVID-19.

In one of the last newsletters of Term 2 I mentioned I would expand on the points *Ten Ways to Help Your Child Succeed at School as a start to Term 3*.

### **1. Build Self Confidence**

*Self-confident children tend to do well and their success makes them even more confident in themselves. Parents build children's confidence by taking a real interest and delight in their activities and by praising effort and achievement.*

### **2. Have high but realistic expectations**

*Children need to be challenged but they also need success. Getting the balance right is one of the greatest challenges of parenthood.*

### **3. Foster good relations between home and school**

*Children tend to do better when they see their parents and teachers supporting each other and sharing common expectations.*

### **4. Encourage independence**

*Good learners take increasing responsibility for their own learning. It's fine to help the children, but be careful not to take over. If their homework becomes the parents' homework, then it's the parents who will be doing the learning!*

### **5. Don't place too much emphasis on tests and comparisons with the performance of other students**

*Schooling is not a race designed to separate winners from losers. Only a small part of what it hopes to achieve for each child can be precisely measured. A child's real success can never be properly defined in terms of the strengths and weaknesses of other children.*

### **6. Think about homework**

*Think, first, about its purpose and its place in the balance of a child's daily life. Establish a set routine and a quiet place where homework can be done. Remember, one great reason for giving homework is to teach self reliance.*

### **7. Monitor TV viewing and the use of computer games**

*Have a family policy on how much time is given to the TV and the computer. Ensure that plenty of time is available for play, hobbies, exercise, family conversation and homework.*

### **8. Encourage reading**

*Children who are read to from an early age, and those who enjoy recreational reading, are usually effective learners. Their language is enriched, their experiences are broadened, and their imagination is touched. Children who see their parents reading are more likely to become enthusiastic readers themselves.*

### **9. Don't be a perfectionist**

*Nothing kills confidence and good learning more than continual criticism. Learners need to feel safe as well as challenged. They need to be able to take risks, make mistakes and learn from those mistakes without getting the impression that their efforts are not good enough.*

### **10. Provide a balanced life**

*Sport and other organised activities have their place in a child's balanced life. But children need time for other things as well. They also need time to play imaginatively, to read, to relax, to enjoy company and pursue hobbies. Ensure they have time and encouragement to live fully as a child.*

### **Family Reflection**

#### *Heavenly Father*

*We ask your blessing in all that we do this coming term.  
Help us to know that you are with us always, celebrating  
with us when things are great and comforting us  
when things are not so great.*

*With the guidance of your Holy Spirit may we strive  
to do our best throughout this term using  
the gifts that you have given us.*

*Amen*

God Bless  
Mr. Glenn Patchell  
Principal

**Kindergarten 2023—Now Interviewing**

## Friday Assembly Awards

- Kindy:** Chantel Mikhael, Awut Chol, Mia Canlas, Loxyn Tuifelasai, Arok Tuil, Audrielle Pili, Bryan Ezendu, Maria Tonga, Zenobia Makuei, Anthony Maroky, Peter Isho, Zayn Golossian
- Year 1:** Yousif Rimon-Paules, Miyuki Cacapit, Addison Vella, Marley-Dee Tangka, Manuella Dawood, Charbella Meekoo, Gabriel Manalili, Nelly Loding
- Year 2:** Ronald Panikulam, Dominic Tuliatu, Felicity Koji, Lilly Helm, Manwella Agid, John Banayat, Akuien Chol, Ryan Ezendu, Chriselyn Paranis, Kristella Ealeya, Akuien Chol, Dehira Dekuan
- Year 3:** Sophia Demetriou, Marin Lepan, Tuil Tuil, Jack Helm, Andera Fagalei, Clarence Castillo, Angela Wol, Alexa Antonino
- Year 4:** Annabeth Fletcher, Ellyza Eugenio, Christian Matti, Arianna McWhinney, Fatimah Al-Attraqchi, Richard Panikulam, Sophia Riley, Vaiola Vailala
- Year 5:** Michael Akok, Faith Tuliatu, Carl Cruz, Quintin Zabala, Dut Wol, Chelsea Vella, Joaquin Lunes, Timmy Mou
- Year 6:** Sasa Koji, Isabella Toma, Awein Kuag, Lual Chol, Barbara Pita, Ammon Iese, J'vahn Tuifelasai, Malith Kon, Elianah Balmeo, Thomas Achen, Devante Malala-Faavae, Faith Antipas

## IMPORTANT DATES

- Friday, 29th July: **GRANDPARENTS' DAY MASS AND PICNIC**  
Saints Joachim & Anne Feast Day  
Whole School Mass—All welcome
- Wednesday, 3rd August: **Australian Museum Excursion**  
Year 3 Students
- Friday, 5th August: **FEAST OF ST MARY MacKILLOP**  
Whole School Mass—All welcome
- Wednesday, 10th August: **Australian Museum Excursion**  
Year 4 Students
- Friday, 12th August: **ASSUMPTION DAY MASS**  
Whole School Mass—All welcome
- Friday, 19th August: **YEAR 3 PARISH MASS**  
Parents welcome
- Friday, 26th August: **YEAR 5 PARISH MASS**  
Parents welcome
- 26th—31st August: BOOK WEEK**
- Wednesday, 31 August: **Soccer Gala Day**  
Stage 3 Girls only
- Friday, 2nd September: **YEAR 6 PARISH MASS**  
Parents welcome
- Friday, 16th September: **Year 1 Excursion**  
Royal Botanical Gardens
- Friday, 16th September: **YEAR 2 PARISH MASS**  
Parents welcome

## PBS4L Awards

- Kindy:** Patrick Elias, Navreet Randhawa, Bryan Ezendu
- Year 1:** Gloria Akok, Natalie Yousif
- Year 2:** Jared Centino, Dalal Al Mikha, Lawrence Rofaeil
- Year 3:** Natasha Goro, Michael Geagea
- Year 4:** Annabeth Fletcher, Michael Castillo
- Year 5:** Amaya Buenaventura, Cesar Al Qassab
- Year 6:** Ivan Kotarac, Matea Lepan, Sirath Pannu

## From the Library ...



Term 3 is exciting as Sacred Heart will be celebrating Book Week, with a Book Fair, an author visit, the announcement of Australian Books of the Year, a colouring competition, and a Book Character Parade. **Book Week will be from 26-31 August.**

Also, The Premier's Reading Challenge will finish on Friday, 19 August, so if any students have not yet finished, you have until then. If you need help uploading your reading list to the Premier's Reading Challenge website, please see Mrs Potts or Mrs Neill in the library.



Year 2 Australian Museum Excursion

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