

# Heart To Heart

## Newsletter Of Sacred Heart School Mount Druitt South

Term 3 - Week 4

SAFE

RESPECTFUL

RESPONSIBLE

12 Aug 2020

*Dear Parents & Students,*



Last Saturday, 8th August, we celebrated the Feast Day of St. Mary of the Cross MacKillop, Australia's first saint. Mary Helen MacKillop was born on 15 August 1842 in Melbourne. In 1866 in Penola, South Australia, Mary MacKillop, with the support and encouragement of Fr Julian Tenison Woods, opened the first St. Joseph's School. Other young

women followed Mary's example and joined her and so the Congregation of the Sisters of St. Joseph began. Today, the Sisters of St. Joseph continue Mary's work by helping the poor and needy throughout the world. Mary was canonized in October 2010 by Pope Benedict XVI as Saint Mary MacKillop. St. Mary of the Cross MacKillop offers us a fine example of what we can achieve for the good of others with a strong faith, courage, trust and humility.

Saturday, 15th August, is the Feast of the Assumption when we celebrate Mary rising to Heaven body and soul. It is also a time for us to reflect on the kind of life and person that Mary was and learn from her example.



In the Gospel of Luke we see Mary say yes to the angel Gabriel who asked her to bear the Son of God. She was chosen by God to take on the responsibility of being the mother of our Saviour. This took Mary by surprise but she responded by saying yes, "be it done unto me according to your word." Mary did not have an easy life. She watched her son strive to teach

the Jewish people the message of God against powerful critics who opposed him. She witnessed his pain as Jesus, her only son, was accused of crimes he did not commit and was tortured and crucified but throughout these difficult times, Mary stayed faithful and found strength in God.

What can we learn from Mary?

We can learn to be faithful followers like Mary and "walk with God always, even in moments of weakness" and always remember, "God is our Strength."

Say Yes to God Like Mary - Pope Francis.

### *Family Reflection*

*May the prayers of Mary, the mother of Jesus and our mother, strengthen us in our faith and help us to follow your way and lead us, like her, to Heaven.*

God Bless.

*Mr. Glenn Patchell*

Principal

### ACARA COLLECTION STUDENT BACKGROUND DATA NOTICE

The Australian Curriculum, Assessment and Reporting Authority (ACARA) collects data from schools to determine the Index of Community Socio-educational Advantage (ICSEA). CEDP is currently working to provide relevant details to the Catholic Education Commission of NSW. Data collected is de-identified of personal information.

Parents and caregivers must advise their school if they don't want their child's data included in this report by 30 August 2020.

Copies of Catholic Education Diocese of Parramatta (CEDP) Standard Collection Notice and Privacy Policy can be obtained from the school office.



## SCHOOL PHOTOGRAPHS

**Thursday, 17th September**

Full winter school uniform to be worn.





## eSafety Webinars for Parents/Carers

At Catholic Education Diocese Parramatta (CEDP) we see parents and carers as partners in your child's learning journey. In partnership with the eSafety Commissioner, CEDP would like to invite you to join one of the following free webinars for parents and carers:

1. *Helping Kids Thrive Online (5-12 yrs) - Thursday 20 August 2020, 12:00 - 1.00 pm*
2. *Tech, teens and time online (secondary schools) - 7 September 2020, 7.00 - 8.00 pm*

These live webinars explore the latest research and they are a great way to learn how you can help your child develop the skills to be safer online. All sessions are delivered by the eSafety Commissioner's expert educators.

### About the webinars

1. *Helping kids thrive online: is a one hour live webinar suitable for parents and carers of young people aged 5-12 years old.*
2. *Tech, teens and time online: is a one hour live webinar suitable for parents and carers of young people aged 12-18 years old.*

Both sessions will cover topics including:

- ideas to start the chat about harmful content, contact with strangers and online bullying/harassment
- strategies for addressing common digital parenting challenges
- skills that young people need to protect themselves online
- how to get help if things go wrong.

### What you need to do

Please register for the course on the secondary site via the following link:

- **20 August 2020 session** (<https://attendee.gotowebinar.com/register/2961544873308901646>)
- **7 September 2020 session** (<https://register.gotowebinar.com/register/3269364148621148942>)

If you have any further enquiries please email [safe-guarding@parra.catholic.edu.au](mailto:safe-guarding@parra.catholic.edu.au).



## Cancer Council Healthy Lunch Box



### Tomato and Cheese Damper

(0.1 serve of vegetables per damper) - Nut free/vegetarian

#### Ingredients

- 2 cups wholemeal flour
- 1 cup plain flour
- 1 tsp baking powder
- 1 pinch salt
- 5 tbsp olive oil
- ½ cup reduced-fat tasty cheese, grated
- 1 tbs rosemary, finely chopped
- 8 cherry tomatoes
- ½ cup reduced-fat milk
- ½ cup water

#### Method

Preheat the oven to 220°C. Line a baking tray with baking paper. Sift the flours, baking powder and salt into a bowl. Add the olive oil and combine with a wooden spoon until it resembles bread crumbs. Add the cheese and rosemary and mix through.

Make a well in the centre and add the milk and water. Use a knife and work the dough until it leaves the sides of the bowl. Gently knead the dough on a lightly floured board and split into 8 even pieces. Shape pieces into balls and arrange close together on the tray. Sprinkle with a little extra cheese, press a cherry tomato into the centre of each roll and sprinkle with more rosemary.

Bake for 25-30 minutes until golden and the bases sound hollow when tapped.

## Tell Them From Me (TTFM)

In the coming weeks we will be inviting students, teachers and parents to provide feedback on their experience of our school using an online survey. The surveys are an important part of our whole school evaluation and planning process.

We would like you to complete the **Tell Them From Me (TTFM) Partners in Learning Survey**. As we value the role of parents and carers within our school community we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Sacred Heart Primary School.

The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below. The survey will be open from 10 August to 28 August 2020.

[www.tellthemfromme.com/sacredheartmtdruitt2020](http://www.tellthemfromme.com/sacredheartmtdruitt2020)

أعزائي الأهالي / أولياء الأمور

في الأسابيع المقبلة سنقوم بدعوة الطلاب ، المعلمين والأهالي لتقديم ملاحظات حول تجربتهم في مدرستنا باستخدام الإجابة على الاستطلاع ( survey ) عبر الإنترنت. وإن إجاباتكم على هذه الأسئلة تعد جزءاً مهماً في عملية التقديم والتخطيط للمدرسة بأكملها.

نود منكم تكملة الإجابة على أسئلة الاستطلاع ( survey ) بعنوان ( Tell Them From Me (TTFM) لأننا نقدر ونشعر دور الأهالي في مجتمع مدرستنا فإن آرائكم وملاحظاتكم بخصوص التعليم في مدرستنا مهمة جداً بالنسبة لنا ، سيتم استخدام المعلومات التي تقدمها للحفاظ على التزامنا بالعمل المشترك مع بعضنا لزيادة تحسين وتقديم الرفاهية والتعليم الأفضل دائماً للطلاب في مدرستنا. Sacred Heart Primary School.

المشاركين في هذا الاستطلاع ( survey ) سوف لن يتم ذكر أسمائهم ويستغرق الإجابة على الأسئلة حوالي 20 دقيقة لأكماله . يمكنك فتح الأسئلة والإجابة عليها عن طريق جهاز الكمبيوتر أو عن طريق الموبايل وذلك بطبق العنوان المدون أدناه URL . سيتم فتح survey والإطلاع على الأسئلة من تاريخ 10/ 8/ 2020 وإلى يوم 28 / 8 / 2020 على الرابط أدناه.

يرجى طبع العنوان التالي :

[www.tellthemfromme.com/Sacredheartmtdruitt2020](http://www.tellthemfromme.com/Sacredheartmtdruitt2020)

## Nutrition Snippet

### THIRSTY?



**Water or plain milk is the best.**

**Try these ideas to zing up your drink:**

- Water flavoured with slices of strawberries, orange or lemon makes a refreshing change
- For the lunch box, add some berries or cucumber slices to a bottle of water and pop it into the freezer
- Check out our [blog](#) for more healthy thirst-quenching ideas

[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box

## Important Notice to Parents/Guardians

If someone other than a parent or guardian is picking your child up from school early, please either telephone the office or send a note with your child to advise us of:

- The name of the person who will be collecting your child
- The time your child is to be collected and,
- The reason your child is leaving early.

This precaution is for the safety and wellbeing of your child and applies to everyone—including grandparents and siblings.



## FINISHING SOON!

The NSW Premier's Reading Challenge will conclude on Friday 28th August. Even though this year itself has been quite a challenge, I hope all students have been reading and reading, in an effort to complete the Reading Challenge.

Records of students' reading logs should be uploaded to the Premier's Challenge website by 28th August, and if help is needed, please don't hesitate to ask Mrs Neill in the library.

<https://online.det.nsw.edu.au/prc/home.html>

Good luck with the final weeks and I hope everyone has enjoyed the books they have read.

**Joanne Neill (Library Technician)**





## Friday Assembly Awards

- Kindy:** Marina Matti, Aaarvan Perajeev, Sifimeta Kilifi, Faith Awen-Malual, Ashima Singh, Emmanuel Kako, Kristella Ealeya, Jared Centino
- Year 1:** Alleyah Tua, Mikayla Hamilton, Jonathan Bechara, Achok Deng, Hunter Stephenson, Tanushka Trikha, Maryam Waleed, Elissia Rimon-Paules
- Year 2:** Christian Matti, Isaiah Imsies, Katarina Yousif, Tatiana Geagea, Noel Koji, Harman Gill, Vaiola Vailala, Angad Singh
- Year 3:** Chelsea Vella, Cade Merjudio, Michael Wol, Dut Wol, Pitawat Aye, Carl Cruz, Alana Keryo, Grace Sila
- Year 4:** Nyibol Diing, Thomas Yousif, Malith Kon, Atkin Maroky, Leigh Gile, Zorawar Gill, Michael Curray
- Year 5:** Marven Albekano, Phoebe Audish, Angelin Corpuz, Maryam Lawi, Gian Magcalayo, Murad Esah, Nina Shamon, Warrina Yousif
- Year 6:** Anyop Mawien, Evangeline Nio, Andrew Youssef, Saane Vailala, Paul Hanna, Bianca Miranda, Ayuen Majak, Joshua Woja

27 July 2020

### Message from Catholic Education Diocese of Parramatta



Dear Parents & Carers

Catholic Education Diocese of Parramatta is changing the way students learn about their faith in response to changing times. A bold new approach to Religious Education has been developed based on the big questions students ask about life, identity and belonging.

I can now report that our Draft New Curriculum for Years 9, 10, 11 and 12 have been approved by the New South Wales Education Standards Authority (NESA). This is a great outcome and supports the important work that is already underway with schools trialling the new approach for many of the other year groups. We are now looking forward to completing the final version of the curriculum so it can be launched in Term 2, 2021.

With a strong focus on connecting students' faith through a framework we call 'Head, Heart and Hands', the new approach is about all aspects of school and parish life here in Parramatta. We encourage everyone to learn more and there will be information about this from your school soon.

Many people have contributed to this once-in-a-generation draft curriculum particularly our Principals, teachers, Religious Education Coordinators, Clergy and Catholic Education staff. Bishop Vincent's pastoral leadership has also been critical in guiding this work. It has been a very collaborative process and I particularly want to thank families who have been involved.

This is a very exciting time for our school communities. We look forward with confidence to the launch in 2021 as we 'go into the deep' together to support the faith life of our students and their families.

**Gregory B. Whitby AM KS**  
Executive Director  
Catholic Education  
Diocese of Parramatta

## PBS4L Awards

- Kindy:** Emmanuel Mading, Meera Naicker
- Year 1:** Lena Rodic, Achien Yor
- Year 2:** Thomas Dabbagh, Elissa Hakoum
- Year 3:** Catherine Lazar, Joaquin Lunes
- Year 4:** Jaida Mabasa, Faith Antipas
- Year 5:** Andrei Sanchez
- Year 6:** Deng Wol, Leyiana Matai



## TERM DATES 2020

**TERM 3:** Concludes: **Friday, 25th September**

**TERM 4:** Commences: **Monday, 12th October**  
Concludes: **Wed, 16th December**

## ENROLMENTS Kindergarten 2021

If you have a child who is **turning 5 before July 2021**, please collect a Kindergarten Enrolment from the Office.

**Our Kindy enrolments are closing soon!**

