**SACRED HEART PRIMARY SCHOOL**

25 Nelson Street, South Mount Druitt, N.S.W.

PO Box 3198, Mount Druitt Village 2770

Phone: 92080200 Fax: 9832 2258

# **LIFE EDUCATION**

# **AT SACRED HEART SCHOOL**

11th April 2018

Dear Parents,

**The children will be visiting the Life Education Centre at Colyton in Term 2. Classes will visit the Centre on selected days which include: Wednesday 2nd May, Monday 7th May, Tuesday 8th May, Wednesday 9th May and Monday 14th May 2018.**

The programs are positive, fun, informative and educationally sound.

Each year children from K – 6 participate in a new and different program designed to develop skills and provide further information appropriate to their age level.

Life Education is not a one-off experience but a fully integrated approach that is offered as an integral part of the school curriculum.

Here’s a brief outline of the program contents that will be seen by the children:

KINDERGARTEN: “My Body Matters” Importance of personal hygiene

YEAR 1 “Ready, Steady, Go” Benefits of physical activity.

YEAR 2: “Growing Good Friends” Recognise how physical activity and nutrition contribute to healthy lifestyle.

YEAR 3: “Mind Your Medicine” Identifying the impact of different factors on health and wellbeing.

YEAR 4: “BCyberwise” Responsible and respectful behavior when using communication technology.

YEAR 5: “On the Case” Explore the effects of smoking, influences and pressure.

YEAR 6: “Relate, Respect, Connect” Teaches the knowledge, skills and attitudes that children need to develop safe, respectful relationships.

**COST: The cost is $10.00 per child. This includes the classroom session, student workbook and transport.**

Life Education is a not-for-profit organisation and all money raised is committed to the primary objective of educating children.

**This year we are also offering a parent session where parents are able to visit the Life Education Centre free of charge to understand what the program is all about.**

**Please complete the permission note and return it with $10.00 to your child’s teacher.**

Yours faithfully,

Mr John Tomczyk

## **Assistant Principal**

I give permission for my child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ in class \_\_\_\_\_\_\_\_\_\_\_\_ to attend the Life Education Program. I understand that the children will be travelling by bus to the Life Education Centre at Colyton.

I have enclosed $10.00 covering the cost of the excursion.

I would like to participate in the parent session.

✍ Parent/ Guardian signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_